

# WELCOME TO



VALLEY  
ORTHODONTICS



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# BRACE YOURSELF

For An Awesome Experience!





# Meet **DR. SAMPLE**

He played college  
football at Samford  
University for four  
years.





# Meet **DR. LAUREN**



Dr. Lauren enjoys baking desserts, traveling, reading and running (in certain seasons of the year more than others).

She has completed 3 half marathons, and her goal one day is to run a full marathon!

Dr. Lauren's favorite genres of books to read are historical fiction and thrillers/mysteries.

# DID YOU KNOW?



**Dr. Lauren has two younger sisters who live in Huntsville! Her parents also live here in Decatur.**

She is so happy to be close to her family!



# Meet **ANNA GRACE**

Anna Grace enjoys running with her golden doodle and played college volleyball.







# Happy Birthday!



# Happy Birthday! **DR. LAUREN**

July 7th





## DID YOU KNOW?

Dr. Sample was received the **Shephard Award** after taking his Phase 2 written exam.

This means he achieved the highest score in the nation!





**Dr. Sample is active in many professional organizations, including:**



American Association  
of Orthodontists



American Dental  
Association



Alabama Dental  
Association



**Dr. Lauren grew up in  
Decatur and had braces  
in middle school  
(at this practice!)**





# Dr. Lauren got married last year!

Her and her husband love to visit new places, as well as spend time outdoors!

Their goal is to one day visit all the national parks in the U.S.





# DID YOU KNOW?

**Dr. Lauren loves to bake.**

The Great British Bake Off is a  
big source of inspiration.





Dr. Lauren got her undergrad at **Auburn University**, and then went to **UAB** for both dental school and her orthodontic residency.

She earned a minor in **Spanish** and had the opportunity to study abroad in Spain – her first time to travel outside of the country, this **sparked a love for travel!**



**We sponsor all area city and  
county school systems and  
their athletic programs!**

This includes FCA, First Priority, and many  
other local non-profit organizations!





**We host patient appreciation events and an annual Spring Fling to honor the local dental offices.**





**Dr. Sample has served  
his community with  
many civic organizations!**

Some of those include the Kiwanis Club of Decatur, the Fellowship of Christian Athletes, and the Decatur General Hospital Foundation.



Dr. Sample and Dr. Lauren are  
**members of the American  
Association of Orthodontists  
and the Diplomate American  
Board of Orthodontics.**



Member  
American  
Association of  
Orthodontists®





Have an after hours emergency?

Call our emergency line:  
**256-466-8183**





# FIND US ONLINE AT:

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**We offer decades of orthodontic experience  
within our staff, many of whom have been  
working at this practice for over 20 years.**

We strive to create a comfortable and fun environment  
and treat every patient like they are family.



